

JAPANESE ALPINE NEWS

TABLE OF CONTENTS

Vol. 6 MAY 2005

Message from the President Zenkichi Hirayama	1
Editor's Notes Tamotsu Nakamura	2

CLIMBING EXPEDITIONS

JAC Kansai Expedition to West Tibet 2004 Tamotsu Ohnishi	3
Mustang Expedition of JAC Students' Party 2004 Kenichiro Kato.....	7
Two First Ascents in Damodar Himal, Nepal Koichi Kato	13
First Ascent of Nyanglong Kangri, West Tibet John Town	25
Jieqinnalagabu (Namla Karpo) Scaled, East Tibet Gabriel Voide	30
New Zealand Unclimbed China Expedition 2004 Sean Waters	33
First Ascent of Qow Xab and Attempt on Hungchi T. Sakahara & M. Nakamura	40
Highest Peak in Kara Kunlun Mountains Yoshitsugu Deriha	43
The Source of the Mekong - Remotest East Tibet Ryoichi Matsuzaka	45
Spantik (Golden Peak) and Laila Peak in Karakoram Kazuya Hiraide	50
Kula Kangri I (Main Peak) in Tibet Susumu Nakamura	54
Attempt on North Ridge of Tang Ragi Tau Masayoshi Fujii	58
Attempt on Monda Kangri in Tibet Ryo Higashino	61
Daxuetang-feng of Qonglai Mountains in Sichuan Rentaro Nishijima	64
Japaneae Climbs 2004 in the Himalayas Kin-ichi Yamamori	69

EXPLORATIONS, ADVENTURES AND RESEARCH

Alps of Tibet and Retracing Missionaries' Trails 2004 Tamotsu Nakamura	81
Exploring Kangri Garpo Range 2004 Yukio Matsumoto	90
Lapche Khan in Nepal Kei Kurachi	95
A Journey to the Little Pamir Go Hirai	98
Expedition to Pangong Range and Ladakh Range Chukyo Alpine Club	103
First Descent of the Mekong River in Tibet Masayuki Kitamura and Pete Winn.....	106
A Romantic Journey to the Far North Kazuo Kojima	110

AREA INFORMTION

Mountaineering in Antarctica Damien Gildea	123
Regulations on Mountaineering in Sichuan, China Tamotsu Nakamura	130

Front Cover : The east face of the most beautiful peak "Minanzimu" 6054m, unclimbed, in Meili Xueshan on the Mekong-Salween Divide, a view from Deqen, Yunnan (Tamotsu Nakamura)